

MetroWest Medical Center

Framingham Union Hospital • Leonard Morse Hospital

Patient stamp, label, or info. (name, record number/DOB, date)

Tobacco Treatment Enrollment

A Collaboration of the Mass. Department of Public Health & Mass. Health Plans

Tobacco Treatment Checklist

- ADVISE smoker to stop: Stop-smoking advice given: "I strongly advise you to quit smoking and I can help you."
- ASSESS readiness to quit: Ready to quit Thinking about quitting Not ready to quit
- ASSIST smoker to quit: Brief counseling
Reasons to quit Barriers to quitting Lessons from past quit attempts Set a quit date, if ready Enlist social support
- Medications if appropriate
Nicotine Replacement (CIRCLE): patch gum lozenge inhaler nasal spray Other (CIRCLE): Bupropion (Zyban/Wellbutrin SR)
- ARRANGE follow-up: Refer to Try-To-STOP TOBACCO Resource Center
 by faxing the front of this form toll-free to **1-866-560-9113**

TRY-TO-STOP TOBACCO RESOURCE CENTER OF MASSACHUSETTS Massachusetts Resident Enrollment Form

REFERRAL SOURCE/FOLLOW-UP CONTACT			
referred by	NAME _____ FACILITY _____ ADDRESS _____	phone (area code + number) ()	fax (area code + number) ()
follow-up report contact		phone (area code + number) ()	fax (area code + number) ()
PATIENT			
first name	last name	date of birth (month/day/year)	
phone (area code + number) ()	May we leave a message? <input type="checkbox"/> yes <input type="checkbox"/> no	language preference (circle): English Spanish other (specify)	
email address			
patient address		city	state zip
insurance <input type="checkbox"/> BCBSMA <input type="checkbox"/> BMC HealthNet Plan <input type="checkbox"/> Fallon <input type="checkbox"/> Harvard Pilgrim <input type="checkbox"/> MassHealth <input type="checkbox"/> Neighborhood Health Plan (NHP) <input type="checkbox"/> Medicaid <input type="checkbox"/> Medicare <input type="checkbox"/> Network Health <input type="checkbox"/> Tufts Health Plan <input type="checkbox"/> Other _____ <input type="checkbox"/> Uninsured			
THE RESOURCE CENTER USUALLY CALLS THE PATIENT WITHIN 3 BUSINESS DAYS OF RECEIVING A REFERRAL. WHEN SHOULD WE CALL?			
circle all that apply:	morning	afternoon	evening no preference

I, _____, hereby authorize Try-To-STOP TOBACCO Resource Center of Massachusetts, (the "Resource Center"), and its representatives to disclose information about me to:

- 1) the American Cancer Society Quitline to the extent necessary to allow me to participate in its tobacco cessation counseling program; and
- 2) my primary care provider or other provider ("Provider") I designate to the Resource Center to the extent the Resource Center deems necessary to give my Provider an update of my progress in attempting to stop smoking.

I authorize MetroWest Medical Center to release the information on this enrollment form to the Resource Center for purposes of my participation in the QuitWorks program. I also authorize the Resource Center and its representatives to contact me upon receiving this referral from MetroWest Medical Center.

SIGNATURE OF THE PATIENT OR PATIENT'S REPRESENTATIVE

DATE

PRINTED NAME OF PATIENT REPRESENTATIVE

RELATIONSHIP TO PATIENT

NICOTINE REPLACEMENT OPTIONS

PATCHES

Nicotrol [®] 15 mg	Initial: MAX:	1 patch/16 hrs. Same as above	Treatment Duration: 8 wks.
* Nicoderm [®] CQ 21 mg 14 mg 7 mg	Initial: MAX:	1 patch/24 hrs. Same as above	Treatment Duration: 8 wks.

GUM

Nicorette [®] 2 mg 4 mg	Initial: MAX:	1 piece every 1–2 hrs. 24 pieces/24 hrs.	Treatment Duration: 8–12 wks.
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LOZENGE

Commit [®] 2 mg 4 mg		1 lozenge/1–2 hrs. (wks 1–6) 1 lozenge/2–4 hrs. (wks 7–9) 1 lozenge/4–8 hrs. (wks 10–12)	Treatment Duration: 12 wks.
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NASAL SPRAY

Nicotrol [®] NS 10 mg/ml	Initial: MAX:	1–2 doses/hr. 5 doses/hr. or 40 doses/day	Treatment Duration: 3–6 mos.
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INHALER

Nicotrol [®] Inhaler 10 mg/cartridge	Initial: MAX:	6–16 cartridges/day 16 cartridges/day	Treatment Duration: 3–6 mos.
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NON-NICOTINE MEDICATION

BUPROPION HCL SR

* Zyban [®] 150 mg tablets	Initial: MAX:	150 mg/day (days 1–3) 300 mg/day (day 4+) 300 mg/day	Treatment Duration: 7–12 wks.
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Inclusion of this adult dosage chart is strictly for the convenience of the prescribing provider. Please consult the Physicians' Desk Reference for complete product information and contraindications. This chart does not indicate or authorize insurance benefit coverage for any of these medications. For insurance benefit information, the patient will need to contact his/her insurer directly. The cost or provision of these medications is not included as any part of the Try-To-STOP TOBACCO Resource Center of Massachusetts or QuitWorks program.

* NORMALLY AVAILABLE FROM HOSPITAL PHARMACY

Make smoking history.